



Board Meeting Minutes of 1/28/2025

Respectfully Submitted by Denise Orlando for Lori Howe

Voting Members Attending:

Pete Hoagland, Ken Adams, Gerri Hawn, Tom Urmston, Denise Orlando

Voting Members Absent (excused): Lori Howe, Pam Sampson, Sally Tipton

Non-Voting Associate Members Attending: Carole Marple

Non-Voting Associate Members Absent: Shruti Panjini

Staff Attending: Kristina Gallant, Maura Bennett

Staff Absent: Melinda Morle

Community Members Attending: 0 ***Voting Members Absent:*** 3 ***Quorum?*** Yes

Invited Guest Attending: Jeremy Marsette, Town Administrator

Treasurer's Report (see attached documents)

Gerri presented her financial report, noting that spending since our last meeting was \$5,027.41 and went on to review the specific expenditures. Gerri also reported on Revolving Accounts and Kristina reported that we received a grant from the Sherborn Business Association to support our Lifetime Learning Technology classes.

Director's Report (see attached documents)

- The FY '26 Budget was presented to Advisory, there were no specific questions, and it was approved.
- Holiday Party: Kristina reviewed the positive feedback received from attendees of the 2024 Holiday Party. Cost and food quantities were comparable to the 2023 party, despite having more attendees in 2024. Food quantities will need to be adjusted slightly based on next year's attendance. The music was appreciated and raffle gifts were plentiful thanks to the creative use of the COA cups filled with either Dunkin gift cards or treats (requiring expense only for the treats to fill them). Each of the 84 attendees was able to take home a gift. Kristina thanked Lori and Gerri for making the floral arrangements for the tables, which at the end were also offered to guests.
- Thursday Café: Kristina moved on to note that the first Thoreau class was successful. Carole suggested adding gluten-free pizza, and other healthy choices when pizza is served at the

Café to accommodate dietary restrictions. Gerri noted that GF choices are more expensive and will impact the budget. Pete added that we can't offer GF options only to those with restrictions and providing a limited amount will not guarantee availability to those in need. Kristina added that it is difficult to accommodate all restrictions, provide choices that people enjoy and stay within the budget. She agreed to try to accommodate restrictions, but only if the request is made in advance of the event.

- Dementia Lunch (Fri, 1/31): Kristina continued the food discussion noting that the next Dementia program will be catered by the new Jackson's Kitchen in Sherborn, they are very accommodating and offering varied options. This will be a test which may lead to future catered events by Jackson's Kitchen. Carole thanked the COA noting that the program is extremely helpful to caregivers and continues to offer new information.
- Fitness Classes: Kristina introduced a new 4 week class, "No obstacles to being fit" offered to all ages beginning Friday, 1/31. The class is run by Laila, introducing the use of a weighted vest to improve posture, balance and bone strength. There are 9 attendees to date, and both Denise and Tom expressed interest in joining.
- Coffee Bar: Kristina noted the need for volunteers in Pam's absence; Pete is scheduled for 1/29; the month of February is not yet covered. Both Ken and Denise said they would check to see what help they can offer. Donuts are delivered by COA staff and volunteers need to arrive by 9:15 for minimal set-up.
- Medical Equipment Storage Update: Kristina confirmed the success of the new Town Hall arrangement for the storage and distribution of medical equipment by the COA. No one has entered on their own; people meet COA staff at the rear entrance of Town Hall for delivery, without the need for exiting their car. All desired equipment has been removed from Pilgrim Church.

New Business

Kristina noted COA's introduction of a new Valentine's Day event at Woodhaven (exclusive to Woodhaven residents).

The previous program, "Should I stay, or should I go?" is again being offered in May (Thurs, 5/1. 5/8, 5/15 and 5/22) with different speakers and additional information. Melinda is gathering housing costs to provide an impartial overview rather than costs provided by individual housing representatives. Speakers will cover Housing Costs, Estate Planning, Financial Planning and Medical Insurance. It should be of interest to all, even those who attended the previous program.

Kristina reviewed upcoming programs being offered in conjunction with the Sherborn Library, covering new topics ranging from an in-person workshop by Molly's Apothecary, a Zoom class baking macarons, a program on Greenland and a session on Scams and Frauds.

Minutes

Due to the lack of quorum at the start of the meeting, Pete asked for approval of the revised Board Meeting Minutes of 11/26/2024. Denise motioned to approve, Gerri seconded and the motion passed unanimously.

Adjournment

There being no other business, Pete asked for a motion to adjourn. Tom motioned to adjourn, Denise seconded, and the motion was unanimously approved.

The meeting adjourned at 10:50am.

Minutes Approved on 2/25/2025. Attachments available upon request.

Meeting Schedule for 2025: 1/28, 2/25, 3/25, 4/29, 5/27, 6/24, 7/29, 8/26, 9/30, 10/28, 11/25 and December TBD due to holidays.